



January 2023 Holiday Program

The following Classes are scheduled for the January 2023 school holiday period. Kids classes will be based on fitness and games. Juniors can wear casual clothing for these classes. You can invite your friends to try out! We also have a Comp class on Thursday 12th and 19th January 6.00pm to 7.00pm for those wanting to get a head start on competitions early in the new year.

The Adult classes are combined for all levels during this period.

Friday's

No Women's Self Defence or Kali Classes for Month of January. First class back on Friday 3rd February 2023

Saturday's

No Saturday Classes during January 2023

Tuesday 10 Jan	Little Dragons & Kinder (All Levels) 5.30pm to 6.00pm	Thursday 12 Jan	Little Dragons & Kinder (All Levels) 5.30pm to 6.00pm	Tuesday 17 Jan	Little Dragons & Kinder (All Levels) 5.30pm to 6.00pm	Thursday 19 Jan	Little Dragons & Kinder (All Levels) 5.30pm to 6.00pm	Tuesday 24 Jan	Little Dragons & Kinder (All Levels) 5.30pm to 6.00pm
	Young Warriors (All Levels) 6.00pm to 7.00pm		Young Warriors (All Levels) 6.00pm to 7.00pm		Young Warriors (All Levels) 6.00pm to 7.00pm		Young Warriors (All Levels) 6.00pm to 7.00pm		Young Warriors (All Levels) 6.00pm to 7.00pm
	Adults (All Levels) 7.30pm to 8.30pm		Comp Classes 5.00pm to 7pm		Adults (All Levels) 7.30pm to 8.30pm		Comp Classes 5.00pm to 7pm		Adults (All Levels) 7.30pm to 8.30pm

Full Timetable for Term 3 Commences Monday 30 January 2023