

June/July 2023 Holiday Program (24 June to 09 July)

The following Classes are scheduled for the June/July 2023 school holiday period. Kids classes will be based on fitness and games. Juniors can wear casual clothing for these classes. You can invite your friends to try out!

The Adult classes are combined for all levels during this period.

Friday's

No Women's Self Defence or Kali Classes during this period.

Saturday's

No Saturday Classes during this period.

Last classes for the term is Thursday 22nd June. Games, Pizza and Movie Night - Friday 23rd June - 6pm to 10pm

Friday 23 June Games	No Classes		Little Dragons & Kinder (All Levels) 5.30pm to 6.00pm		Little Dragons & Kinder (All Levels) 5.30pm to 6.00pm		Little Dragons & Kinder (All Levels) 5.30pm to 6.00pm		Little Dragons & Kinder (All Levels) 5.30pm to 6.00pm
Movie Pizza Night	Saturday 24 June	Tuesday 27 June	Young Warriors (All Levels) 6.00pm to 7.00pm	Thursday 29 June	Young Warriors (All Levels) 6.00pm to 7.00pm	Tuesday 4 July	Young Warriors (All Levels) 6.00pm to 7.00pm	Thursday 6 July	Young Warriors (All Levels) 6.00pm to 7.00pm
6pm to 10pm	No Classes		Adults (All Levels) 7.30pm to 8.30pm		Adults (All Levels) 7.30pm to 8.30pm		Adults (All Levels) 7.30pm to 8.30pm		Adults (All Levels) 7.30pm to 8.30pm