



NORTHERN SHUKOKAI KARATE CODE OF CONDUCT

- 01. On entering and leaving the tatami (dojo) you must always bow.**
- 02. Smoking or swearing in the dojo will not be tolerated and is strictly forbidden at all times.**
- 03. Students must keep their bodies and karate gi clean and nails must be kept short.**
- 04. No jewellery is permitted to be worn during training.**
- 05. No talking is permitted during the training session unless absolutely necessary.**
- 06. Students must make every effort to attend class on time. Anyone who is late must execute a full kneeling bow and wait for the instructors acknowledgement.**
- 07. Never lean against the walls or sprawl about the floor. Never stand with your hands on hips or arms crossed.**
- 08. When asked to line out or called upon by an instructor, always run to position.**
- 09. Any member wishing to leave the mat during training shall not do so until he/she receives the instructors permission.**
- 10. Instructors shall never be called by their first names during class. Instructors shall be called "Sensei" during training sessions.**
- 11. When training with a partner both shall bow simultaneously before and after each session.**
- 12. Any student disrupting the training class, will at the discretion of the instructor, be asked to leave the training area immediately.**
- 13. Understand these dojo rules.**
- 14. Enjoy your training.**

Parents attending training should adhere to the following code of conduct.