



September 2022 Holiday Program

The following Classes are scheduled for the September 2022 school holiday period. Classes will be based on fitness and games. Juniors can wear casual clothing for these classes. You can invite your friends to try out!

The Adult classes are combined for all levels.

Schedule: (Only Tuesday and Thursday classes during this period for Kids program)

Saturday 17 September - No Classes

Saturday 24 September - No Classes

Saturday 1 October - No Classes

Friday 23 September - No Classes

Holiday Program

Week 1

Tuesday 20 September

Thursday 22 September

Week 2

Tuesday 27 September

Thursday 29 September

Little Dragons & Kinder All Levels 5.30pm to 6.00pm

Young Warriors All Levels 6.00pm to 7.00pm

Adults All Levels 7.30pm to 8.30pm

Full Timetable for Term 3 Commences Monday 3rd October 2022