

The following Classes are scheduled for the September 2023 school holiday period. Kids classes will be based on fitness and games. Juniors can wear casual clothing for these classes. You can invite your friends to try out!

The Adult classes are combined for all levels during this period.

## Friday's

No Women's Self Defence or Kali Classes during this period.

## Saturday's

No Saturday Classes during this period.

## Last classes for the term is Wednesday 13th September

| Thursday<br>14 Sep | Saturday<br>16 Sep | Tuesday<br>19 Sep   | Thursday<br>21 Sep                         | Tuesday<br>26 Sep   | Thursday<br>28 sep                         |
|--------------------|--------------------|---|--|---|--|
|                    |                    | Little Dragons &<br>Kinder (All Levels)<br>5.30pm to 6.00pm |  | Little Dragons & Kinder<br>(All Levels)<br>5.30pm to 6.00pm |  |
| No Classes         | No Classes         | Young Warriors (All<br>Levels)<br>6.00pm to 7.00pm          |  | Young Warriors (All<br>Levels)<br>6.00pm to 7.00pm          |  |
|                    |                    | Adults<br>(All Levels)<br>7.30pm to 8.30pm                  | Adults<br>(All Levels)<br>7.30pm to 8.30pm | Adults<br>(All Levels)<br>7.30pm to 8.30pm                  | Adults<br>(All Levels)<br>7.30pm to 8.30pm |
|                    |                    |   |  |   |  |
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