

The following Classes are scheduled for the September 2023 school holiday period. Kids classes will be based on fitness and games. Juniors can wear casual clothing for these classes. You can invite your friends to try out!

The Adult classes are combined for all levels during this period.

Friday's

No Women's Self Defence or Kali Classes during this period.

Saturday's

No Saturday Classes during this period.

Last classes for the term is Wednesday 13th September

Thursday 14 Sep	Saturday 16 Sep	Tuesday 19 Sep	Thursday 21 Sep	Tuesday 26 Sep	Thursday 28 sep
		Little Dragons & Kinder (All Levels) 5.30pm to 6.00pm		Little Dragons & Kinder (All Levels) 5.30pm to 6.00pm	
No Classes	No Classes	Young Warriors (All Levels) 6.00pm to 7.00pm		Young Warriors (All Levels) 6.00pm to 7.00pm	
		Adults (All Levels) 7.30pm to 8.30pm	Adults (All Levels) 7.30pm to 8.30pm	Adults (All Levels) 7.30pm to 8.30pm	Adults (All Levels) 7.30pm to 8.30pm